

# HungryMoose - Summer Lunch Menu Week 1

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
MAIN MENU LUNCH	Homemade Chicken Chilli with Braised Rice, Sweetcorn	Roasted Korean Beef Noodles with Broccoli	Lentil and Tomato,Ragu, Homemade Garlic Bread, Wholewheat Penne Pasta Served with Cauliflower	Texas Inspired Slow Cooked Pork and BBQ Beans served with New potatoes and Green Beans	Roast Turkey served with Gravy, Roasted Potatoes and Mixed Vegetables
VEGETARIAN LUNCH MENU	Mixed Bean Chilli with Braised Rice, Sweetcorn	Roasted Korean style Quorn served with Noodles with Broccoli	Lentil and Tomato,Ragu, Homemade Garlic Bread, Wholewheat Penne Pasta Served with Cauliflower	Texas Inspired BBQ Mixed Beans and Sweetcorn served with New Potatoes and Green Beans	Roast Quorn Fillet served with Gravy, Roasted Potatoes and Mixed vegetables
DESSERT	Fruit Jelly	Cinnamon Apple Cake	HungryMoose Dessert of the Week	Sticky Ginger Cookie	Banana and Custard

# HungryMoose - Summer Lunch Menu Week 2

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
MAIN MENU LUNCH	Chicken and Roasted Mushroom Chasseur with Steamed New Potatoes Green Beans	Beef Bourgiognon with Penne Pasta and Garden Peas	Roast Turkey Roasted New Potatoes, Gravy, Stuffing Steamed Carrot Batons	Tandoori Fish Curry served with Steamed Rice and Cauliflower	Spanish Style Chickpea stew served with Green Beans and Braised Rice
VEGETARIAN LUNCH MENU	Haricot Beans and Roasted Mushroom Chasseur Steamed New Potatoes Green Beans	Sweet Potato and Chick Pea Bourguignon with Penne Pasta and Garden Peas	Roasted Quorn Fillet, Roasted New Potatoes, Gravy, Stuffing Steamed Carrot Batons	Tandoori Lentil curry served with Steamed rice and Cauliflower	Spanish style chickpea stew served with Green Beans Braised Rice
DESSERT	Flavoured Yoghurt	Mixed Fruit Cookies	HungryMoose Dessert of the Week	Fruits of the Forest Sponge	Fruit Salad

# HungryMoose - Summer Lunch Menu Week 3

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
MAIN MENU LUNCH	Thai Red Chicken Curry Noodles, Steamed Broccoli	Roast Turkey, Gravy Roast potatoes and Mixed vegetables	Moroccan Chickpea and Squash Tagine Served with Cous-Cous and Peas	Chicken Breast in a Mushroom and Peppercorn Sauce with Steamed Rice and Savoy Cabbage	Slow Cooked Pork and Barley Summer Vegetables Served with green beans
VEGETARIAN LUNCH MENU	Thai Red Quorn Curry Noodles and Steamed Broccoli	Roasted Quorn fillet Gravy, Roasted potatoes and Mixed vegetables	Moroccan Chickpea and Squash Tagine Served with Cous-Cous and Peas	Quorn in a Mushroom and peppercorn sauce with Steamed Rice and Savoy Cabbage	Lentils and Barley Summer pot Served with Green Beans
DESSERT	Fruit wedges	Summer Berry Bread Pudding	HungryMoose Dessert of the Week	Lemon Shortbread	Apple Slice

# HungryMoose - Summer Lunch Menu Week 4

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
MAIN MENU LUNCH	Sweet and Sour Pork Meatballs served with Noodles and Broccoli Florets	Mexican Style Beef in a Tomato Sauce Braised Rice Sweetcorn, Tortilla	Italian Fish Ragu, mixed Vegetables Wholewheat Penne Pasta, Homemade Garlic Bread Served with Peas	Chicken Tikka Masala Curry served with Steamed Rice and Cauliflower Florets	Roasted Chicken Breast with Roast Potatoes, Gravy Served with Carrot Battons
VEGETARIAN LUNCH MENU	Sweet and Sour Quorn meat-lessballs served with Steamed Rice and Broccoli Florets	Mexican style Minced Soya Mince in a Tomato Sauce Braised Rice, Sweetcorn Tortilla	Italian style lentil ragu, mixed vegetables wholewheat penne pasta garlic bread	Lentil Tikka Masala Curry with Steamed Rice, and Cauliflower Florets	Roasted Quorn Fillets with Roast Potatoes, Gravy Served with Carrot Battons
DESSERT	Flavoured Mousse	Banana Bread	Dessert of the Week	Apple Flapjack	Pineapple Sticks